

<p><b>Cover to Cover</b></p>	<p>Presented by writingWA, Meri speaks with Sara Foster about her compelling thriller 'The Hidden Hours'. Eleanor, who has travelled to London to escape the demons of her traumatic childhood in Australia, is horrified to find herself at the centre of a murder investigation – and she has no memory of several crucial hours. Jul 19 &amp; 22 - 8pm; Jul 20 - 12:30pm; Jul 21 - 4:30pm; Jul 23 - 2pm</p> <p>Our encore episode is with Mohammed Massoud Morsi discussing his novel 'Twenty Two Years to Life' Jul 5 &amp; 8 - 8pm; Jul 6 - 12:30pm; Jul 7 - 4:30pm; Jul 9 - 2pm</p>
<p><b>Destination WA</b></p>	<p>Episode 7 - Onslow Beach Resort, Roller Derby, Mackerel Island - Diving, Fishing, and Boating Charters, Archery, Fremantle Torchlight Tour &amp; Ghost the Musical Episode 8 - Mackerel Island – Accommodation, Guildford Hotel, Masonmill Cafe, Pet Friendly Perth, Rottnest Island – Wildlife Spotting &amp; Parkour Episode 9 - World's largest Art gallery, A tour of Perth's hidden music history, The Rottnest Lifestyle, Skydiving Rottnest, John Burgess' top Perth haunts, Karratha: Accommodation for any budget &amp; Tourism tips on the Mackerel Islands Jul 1, 12, 15, 26 &amp; 29 - 8pm; Jul 2, 16 &amp; 30 - 2pm; Jul 13 &amp; 27 - 12:30pm; Jul 14 &amp; 28 - 4:30pm</p>
<p><b>Garden Gurus Autumn 2016</b></p>	<p>Ep 8 - Nigel Ruck takes us to Kings Park, Perth, to learn about plant cross breeding, Trevor shows us the perfect winter herb planter, and Nigel looks at the history of traditional Mother's day flower, the Chrysanthemum. Jul 1 - 7:30pm; Jul 2 - 1:30pm</p> <p>Ep 9 - Steve Wood visits a unique school that puts a focus on the hands on approach to education, takes a look at new and exciting plants at Perth's Garden Festival and he discovers an inspiring story of a community friendly verge, Trevor shows us herb planting and garnishes with head chef Oliver Gould and as well as looking at edibles in the garden, Nigel visits Garden Guru viewer and friend Megan to find out the secret behind her success with fruit trees. Jul 5 &amp; 8 - 7:30pm; Jul 6 - 12pm; Jul 7 - 4pm; Jul 9 - 1:30pm</p> <p>Ep 10 - Nigel Ruck looks at the benefits of keeping animals, he revisits Megan, she impressed us with her growing edibles, so this week he takes us back to learn more. Steve visits the Beehive Montessori school's gardening program, shows us some exciting new concepts in plants at the Swan Valley Exhibit at the Perth Garden Festival while Trevor shows us the best Roses for your garden and how to grow herbs in planters. Jul 12 &amp; 15 - 7:30pm; Jul 13 - 12pm; Jul 14 - 4pm; Jul 16 - 1:30pm</p>
<p><b>Healthy tips for a healthier you</b> Presented by Healthier Workplace WA</p>	<p>Friendly information for a healthier you. Jul 3 to 6 &amp; 8 - 11:30am &amp; 7pm; Jul 7 - 11:30am, 3:30pm &amp; 7pm; Jul 9 - 1pm &amp; 7pm; Jul 12, 15, 19, 22, 26 &amp; 29 - 7pm; Jul 13, 20 &amp; 27 - 11:30am; Jul 14, 21 &amp; 28 - 3:30pm; Jul 16, 23 &amp; 30 - 1pm</p>
<p><b>Inside Curtin-Ep 2</b></p>	<p>Presented by Curtin students and staff, Inside Curtin shows what it's like to be a student at WA's largest university, as we explore a variety of exciting student projects and industry experiences. In this episode hear from students studying a diverse range of courses at the Curtin Kalgoorlie Campus, located in the heart of Kalgoorlie's mining industry. Learn about the career opportunities, and what it's like to live and study in the historic Goldfields town. Find out about the recent Curtin Entrepreneurship graduates launching their new international business, and the Exercise, Sport and Rehabilitation Science graduate working with the Fremantle Dockers. Plus students at our Bentley Campus offer their best study tips. Jul 5, 8, 19 &amp; 22 - 6pm; Jul 6 &amp; 20 - 10:30am; Jul 7 &amp; 21 - 2:30pm; Jul 9 &amp; 23 - 12pm</p>

<p><b>Our State on a Plate</b></p>	<p>WA is home to some of the world's most unique and finest produce. This program takes a journey across the state visiting the various regions discovering amazing food, from the primary producer to restaurants and then into the kitchen sharing recipes with the states leading chefs and cooks. There is inspiration at every turn.</p> <p>Ep 1 - The Hoochery, with Linley Valley Pork Goulash Recipe, Theo's Farmers Market Roasted Vegetable Pizza, Mussel Farm and Chili Mussels, Gail's Guide – A visit to Silks, Manjimup Marron, Truffle Hunting, Myattsfield Winery, Bib and Tucker, Biodynamic Farming-what does it mean?, Super Foods: The Yacon, Incontro Cooking, Mandurah Mullet Recipe Jul 19 &amp; 22 - 7:30pm; Jul 20 - 12pm; Jul 21 - 4pm; Jul 23 - 1:30pm</p> <p>Ep 2 - Old Fashion Pasta Making, Theo's Gluten Free Pizza, Farmers Market , Live Lighter Tips #1, Beach House at Bayside, Albany Offer!, Barra, Trout Fishing , Super foods: Avocado Jul 26 &amp; 29 - 7:30pm; Jul 27 - 12pm; Jul 28 - 4pm; Jul 30 - 1:30pm</p>
<p><b>Sweet &amp; Sour 2017</b></p>	<p>Hosted by Gary Mitchell and a panel of weekly special guests, Sweet &amp; Sour is a community orientated talk show in which people write in and share their situation with the panel who offer suggestions to help solve them. (Rated "M") Jul 1, 5, 8, 12, 15, 19, 22, 26 &amp; 29 - 8:30pm</p>
<p><b>Top of Down Under</b></p>	<p>Ep 9 - S.E.A.L. Track pt 2 Koolatong River &amp; Sink Hole are en route this episode as the Crew conquer the last section of the S.E.A.L. Track. Jul 1 - 6:30pm; Jul 2 - 12:30pm</p> <p>Ep 10 – Banubanu Bremer Island lies only 9kms offshore from Nhulunbuy. Small in size, but for the vacation of a life time, this spot has it all and more! Jul 5 &amp; 8 - 6:30pm; Jul 6 - 11am; Jul 7 - 3pm; Jul 9 - 12:30pm</p> <p>Ep 11 - Nhulunbuy's Beaches After driving 700kms from Katherine, most travellers stay a night in Nhulunbuy, refuel, and return the way they came, never knowing the sensational beaches only a stone's throw from town. Jul 12 &amp; 15 - 6:30pm; Jul 13 - 11am; Jul 14 - 3pm; Jul 16 - 12:30pm</p> <p>Ep 12 - Cape Arnhem – FINAL Special Permits are required to venture out to Memorial Park, and the breathtaking Cape Arnhem. A small amount of paper work but worth the effort as you'll see in the final episode for the Explore East Arnhem Land Series Jul 19 &amp; 22 - 6:30pm; Jul 20 - 11am; Jul 21 - 3pm; Jul 23 - 12:30pm</p>
<p><b>Woodworking Masterclass- Plate Rack Ep 6</b></p>	<p>Steve has been a Woodworker/Fine Furniture Maker for over 30 years. He covers many aspects of Woodwork and Fine Furniture Making as well as DIY projects including Tips, Tricks and other Woodworking Techniques. Jul 1 - 7pm; Jul 2 - 1pm</p>

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